

# POSSIBILITIES OF CATTLE OVARIAN TISSUE CONSERVATION: A MINI-REVIEW

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## ABSTRACT

Cryopreservation of ovaries, their surface tissues or ovarian follicles represents the main source of female gametes in the future. In case of serious damage to the animal (limb fractures and others), when it is necessary to slaughter the animal, the ovarian tissue, ovarian follicle or the entire ovary can be collected and frozen. After thawing, the biological material may be transplanted or cultured *in vitro* as a source of oocytes for *in vitro* fertilization and *in vitro* embryo production. Ovarian tissue can be cryopreserved in various forms, such as fragments, slices, hemi-ovaries or whole ovaries with a vascular pedicle for future vascular anastomosis. Whole ovaries tend to be more difficult to preserve due to their dense tissue structure, intricate vascular system and diversity of cell types, all of which results in poor heat transfer and uneven cooling rates. An alternative approach to harvesting and vitrifying oocytes would be to cryopreserve ovarian tissues instead of follicles. Dissection of the ovary into ovarian fragments followed by puncture of the follicles is considered an effective technique toobtain a high number of oocytes in excellent conditions. Therefore, attention must be given to preserving this yield of good oocytes. This method of ovarian tissue storage is very promising but insufficiently elaborated yet. Cryopreservation of ovarian surface tissues or ovarian follicles represents the future main source of female gametes. Last year, we have started investigations focusing on cryopreservation of ovarian fragments from Slovakian cattle breeds for the purposes of national gene bank of animal genetic resources.

Key words: cattle; ovary; oocyte; cryopreservation

### INTRODUCTION

To preserve genetic diversity, notably for the conservation of endangered species and indigenous farm animal breeds, it is essential to create genome or genetic resource banks (GRBs) of male and female gametes and embryos, made up of a very large number of individual donors in good condition (Wildt, 2000).

Important role in solving the issue of the preservation of animal genetic resources belongs to a cryopreservation and subsequent long-term storage of genetic material from valuable breeds of livestock or genetically valuable individuals. Cryopreservation of ovaries, their surface tissues or ovarian follicles represents a main source of female gametes in future. In case of serious damage of the animal (limb fractures and others), when it is necessary to slaughter the animal, the ovarian tissue, ovarian follicle or the entire ovary can be collected and frozen. After thawing, the biological material may be transplanted or cultured *in vitro* as a source of oocytes for *in vitro* fertilization (IVF) and *in vitro* embryo production (IVP).

The population of females of Pinzgau cattle breeds in Slovakia according to FAO database is around 2000 units, what is considered as a critical state within the animal genetic resources. Moreover, in Slovakia there are no yet any frozen embryos of Pinzgau cattle, which represents history, landscaping and indispensable part of mountainous and mountain foothill areas of Slovakia. One solution to this problem is the cryopreservation of rare biological material, which will play an important role in addressing the issue of preservation of animal

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genetic resources. Cryopreservation of ovaries, their surface tissues or ovarian follicles represents the future main source of female gametes.

The ability to preserve oocytes and ovarian tissues in a healthy state for a desired period of time would have tremendous application in the field of biomedical research. Besides the application for the purpose of animal breeding, ovarian tissue banking in humans is also being considered in the hope of restoring fertility to patients who lose ovarian function due to chemo- or radiotherapy during cancer treatment (Newton, 1998; Paynter *et al.*, 1997).

# SUCCESS OF CRYOPRESERVATION OF OVARIAN TISSUES AND CELLS

Methods developed for oocyte and ovarian tissue cryopreservation must protect structural and functional viability. To date, several strategies have been suggested to restore fertility using cryopreserved oocyte or ovarian tissue. These strategies describe cryopreservation of oocytes at either an immature (isolated from the ovary) or a mature (after ovulation) state. In regard to ovarian tissue, one strategy involves autologous orthotopic or xenogeneic transplantation of the frozen-thawed ovaries and monitoring the developmental potential and follicular dynamics in vivo (Aubard et al., 1998; Gosden et al., 1994a,b; Gunasena et al., 1997a,b; Harp et al., 1994; Oktay et al., 1998b; Weissman et al., 1999). The second strategy involves in vitro maturation, fertilization and culture of primordial follicles isolated from frozenthawed ovaries (Carroll et al., 1990; Oktay et al., 1998a; Sztein et al., 2000).

In most of the studies on human (Huang et al., 2008; Wang et al., 2008; Zhou et al., 2010) and cattle (Gandolfi et al., 2006), the success of the ovarian tissue cryopreservation procedures was evaluated using morphological and histological assessment. The use of histology alone is insufficient to assess the freezingthawing success, as morphological analysis is not often correlated to the viability or developmental competence of the follicle (Santos et al., 2007). These results need to be validated by *in vitro* oocyte development and by fertilization. Faheem et al. (2011) isolated bovine oocytes for in vitro culture using the procedure of dissection of ovarian cortex into small fragments followed by puncture of the follicle from frozen-thawed ovarian tissue. They recovered a great number of good quality oocytes, which were successfully matured in vitro (maturation rate 73-80 %), fertilized and developed into in vitro produced embryos at morula and blastocyst stages.

The cryopreservation of ovarian cortex containing the primordial follicles would certainly be very useful in the conservation of female gametes. There are two possibilities: the extraction of slices of the ovarian cortex after the puberty onset without disturbing the female reproductive system. Another way is to remove the whole ovaries after the animal's death, to be used later in techniques such as grafting or *in vitro* maturation.

The aim of ovarian tissue cryopreservation is to store primordial follicles located in the ovarian cortex, which represents the oocyte reserve. Cryopreservation of matured (metaphase II) oocytes gives poor results due to problems encountered during fertilization and embryo development. Following thawing, hardening of the zona pellucida associated with the exocytosis of premature cortical granules blocks the penetration of the spermatozoon. The freezing procedure can also damage the oocyte cytoskeleton (Vincent and Johnson, 1992). The freezing of germinal vesicle oocytes could be an alternative because there is no risk of aneuploidy, however hardening of the zona pellucida and damage to the cytoskeleton is still present (Tucker et al., 1998). Limited success with the above described methods has focused research on cryopreservation of the immature oocytes contained in primordial follicles, which are located in the ovarian cortex. This method is more likely to be successful, because the oocyte is less differentiated, it possesses fewer organelles, the zona pellucida is vet absent and the cortical granules do not exist, so the follicle is less prone to ischaemia (Oktay et al., 1998).

Usually, to produce oocytes suitable for *in vitro* fertilization, the extended (about two weeks) follicle culture is needed, because the majority of oocytes in ovarian tissue slices are situated within primordial follicles and are, therefore, immature (Cotrvindt *et al.*, 1996b; Hartshorne, 1997). However, a population of antral follicles with good post-thaw survivability exists in these tissues that can provide source of oocytes for *in vitro* maturation (Nayudu and Osborn, 1992). Therefore, by selecting the ovarian fragments containing more antral follicles it is possible to avoid prolonged procedure of ovarian *in vitro* culture, results of which may be unexpected.

# METHODOLOGY OF OVARIAN TISSUE CRYOPRESERVATION

Cryopreservation of ovarian tissue offers many advantages over mature oocytes or embryos to preserve female germline of endangered animals. Firstly, the ovary contains a large pool of oocytes enclosed in primordial follicles. Secondly, ovarian tissue can be collected from animals of almost all developmental age (adult, prepubertal and foetus) and status (alive or dead) (Cleary *et al.*, 2001). Thirdly, primordial follicles are more resistant to cryodamage, because their oocytes have a relatively inactive metabolism, lack of metaphase spindle, *zona pellucida* and cortical granules and low amount of lipids (Hovatta, 2005). Nevertheless, cryopreservation of ovarian tissue is still problematic and should be optimized to handle the diversity of cell types and tissue components (oocytes, granulosa cells, extracellular matrix) (Hovatta, 2005). The cryopreservation and transplantation of ovarian tissue is currently being investigated in various large animals, most notably in sheep and pigs (Posillico *et al.*, 2010).

Cryopreservation aims to maintain cell in a viable state for long periods of time. Cells can be cryopreserved using any of two approaches: conventional freezing or vitrification. Using conventional freezing protocols in domestic animals, promising results have been obtained after cryopreservation of ovarian tissue from cats, sheep, goats, cows, pigs, horses and rabbits (Santos et al., 2010). In conventional freezing, sophisticated and expensive programmable freezers are required to assist the cooling procedure. However, the use of freezing devices is not always available, especially when endangered animals are found dead in the nature, because transport of such ovaries to laboratories may result in cellular degeneration due to hypoxia caused by the delay between animal death and the time of cryopreservation of the ovarian tissue. Therefore, an alternative for cryopreservation in field conditions may be a vitrification.

Although the conventional slow freezing method using programmable device has been successfully used for a number of years, it has disadvantages; the most noticeable is intracellular ice formation and subsequent cell damage. Opposite to that, vitrification is a rapid cooling cryopreservation method that results in solidification without crystallization, thus avoiding cryodamage resulting from ice formation (Bahchi et al., 2008). The first critical step in vitrification is the cooling rate, which must exceed the solution's critical cooling rate (CCR). Water has an extremely high CCR, which makes vitrification of cellular water almost impossible in lab settings. Therefore, water needs to be replaced as much as possible with cryoprotectants (CPA) such as dimethylsulfoxide (DMSO) or ethylene glycol (EG), which have lower CCR. By achieving the adequate cooling rate, that exceeds the CCR of the sample at a given viscosity and dehydration level, cryodamage due to ice formation can be avoided, as the sample transforms immediately from an aqueous to a vitreous state (Courbiere et al., 2006). The high rates of cooling and thawing necessary for vitrification are achieved with classic protocols in which a small volume of the specimen is loaded into a loading device along with the minimum necessary volume of the cryoprotectant. The specimen is either directly exposed to liquid nitrogen or is loaded into a closed, thin-walled device to achieve maximum heat transfer rates (Kuwayama, 2007).

Vitrification presents many advantages for cryobiology and could be a suitable approach for organs vitrification, given the complexity of tissues and vascular system (Lornage and Salle, 2007). Since vitrification aims to avoid ice formation, it should principally provide a better alternative to tissue preservation than slow freezing. However, this procedure requires extremely fast cooling rate and extracellular water replacement by permeating cryoprotectants, which may cause cytotoxic effect (Lornage et al., 2006). In order to reduce this deleterious influence, different ways can be used to reduce the CPA concentration, such as a combination of relatively low concentrations of different CPA's in order to obtain a vitrifiable concentration of total solutions and to diminish the specific toxicity (Vajta and Nagy, 2006), or the addition of non-permeable CPA's, like sera, sugars and polymers.

Al-Aghbari and Menino (2002) reported in their study on ovine ovarian tissue that vitrification of ovarian tissue using an ultra-rapid cooling technique (Dinnyes et al., 2000) appears to be a viable alternative to cryopreserving sheep oocytes by conventional freezing or other vitrifying methods. Their study confirmed that dropping ovarian tissues, equilibrated in a vitrification solution, directly onto solid surface cooled by liquid nitrogen, can be used for oocyte cryopreservation. In vitro survival of oocytes obtained from vitrified ovarian tissues was similar to the non-vitrified control, suggesting that the vitrification process and subsequent thawing did not obviously induce damage to the oocytes. Cryopreservation rates for vitrified oocvtes and oocvtes obtained from vitrified ovarian tissues in the mentioned study were higher compared to conventional freezing and vitrification techniques using slower cooling rates (Martino et al., 1996; Saunders and Parks, 1999).

This success in cryopreservation procedure may be attributed to several new steps used in the procedure of Dinnyes *et al.* (2000). First, a higher cooling rate was reached by direct contact with metal surface chilled with liquid nitrogen. Second, ovarian tissues were thawed quickly by dropping the vitrified samples directly into warm thawing solutions. Third, ovarian tissues were relatively small (0.5 cm  $\times$  0.5 cm) which allowed rapid temperature exchange during cooling-thawing procedures, as well as rapid flushing out of a cryoprotectant.

The oocyte has always been the most challenging specimen to cryopreserve because of its high sensitivity and intolerance to cryopreservation due to large cytoplasmic volume and intricate cellular structure (Kim, 2006). Primordial follicles (PMF), which comprise about 90 % of the follicular population of each ovary, are less cryosensitive than mature oocytes, embryos and maturing follicles, primarily due to their morphology - less cytoplasm and cytoplasmic components, no *zona pellucida*, fewer granulosa cells - as well as the low

metabolic rate associated with their inactivity (Amorim *et al.*, 2003; Courbiere *et al.*, 2009). Therefore, PMF represents a better chance of surviving cryopreservation than any growing stage follicles (Huang *et al.*, 2008). Until successful *in vitro* maturation procedure can be developed, the PMF can be stored *in situ* in the ovarian tissue (Amorim *et al.*, 2003; Jewgenow and Paris, 2006).

Ovarian tissue can be cryopreserved in various forms, such as fragments, slices, hemi-ovaries or whole ovaries with a vascular pedicle for future vascular anastomosis. The smaller forms - fragments, slices and isolated follicles may have a higher probability of being viable after cryopreservation, because the cryoprotectants can more entirely permeate the tissue and prevent damages due to ice formation. Whole ovaries tend to be more difficult to preserve due to their dense tissue structure, intricate vascular system and diversity of cell types, all of which results in poor heat transfer and uneven cooling rates (Courbiere *et al.*, 2009; Possilico *et al.*, 2010).

An alternative approach to harvesting and vitrifying oocytes would be to cryopreserve ovarian tissues instead of follicles. Dissection of the ovary into ovarian fragments followed by puncture of the follicles is considered an effective technique to get a high number of oocytes in excellent conditions (Faheem *et al.*, 2011). Therefore, attention must be given to preserve this yield of good oocytes.

In most of the studies on human (Huang *et al.*, 2008; Wang *et al.*, 2008; Zhou *et al.*, 2010) and cattle (Celestino *et al.*, 2008; Gandolfi *et al.*, 2006), the success of the ovarian tissue cryopreservation procedures was evaluated using morphological and histological assessment. The use of histology alone is insufficient to assess the freezing-thawing success, as morphological analysis is not often correlated to the viability or developmental competence of the follicle (Santos *et al.*, 2007). These results need to be validated by *in vitro* oocyte development and by fertilization.

Faheem *et al.* (2011) isolated bovine oocytes for *in vitro* culture using the procedure of dissection of ovarian cortex into small fragments followed by puncture of the follicle from frozen-thawed ovarian tissue. They recovered a great number of good quality oocytes, which were successfully *in vitro* matured (maturation rate 73-80 %), fertilized and developed into *in vitro* produced embryos of morula and blastocyst stage.

#### CONCLUSION

Cryopreservation of bovine ovaries or ovarian follicles represents the main source of female gametes in future. In case of serious damage to a cow (limb fractures and others), when it is necessary to slaughter the animal, the entire ovary or the ovarian cortical tissue which usually contains a plenty of ovarian preantral or antral follicles can be collected and frozen. After thawing in relevant laboratory conditions, the biological material may be processed *in vitro* as a source of oocytes for *in vitro* fertilization and subsequent *in vitro* embryo production. This strategy could enable accumulation and long-term storage (at ultra-low temperature) of preimplantation stage embryos from animals which are not alive anymore. Such embryos may form basis for establishment of the animal gene bank. Currently, successful cryopreservation of animal ovarian tissue is still a challenge and protocols should be optimized.

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